

MEET YOUR CONCIERGE PROVIDER



YOUR PHYSICIAN. ANYTIME. ANYWHERE.



JAY MARSOLAN, FNP-C, IFMCP

Jay was born and raised in Southeast Texas where he discovered a love for helping others early in life. While in college pursuing a bachelor's degree in biology, he served as a paramedic and continued after college to work as a flight paramedic. Upon completing his nursing degree, he continued to work in emergency medicine as an ER nurse and flight nurse. He graduated in 2011 with an MSN and became board certified as a Family Nurse Practitioner. His career has included several years in the emergency department, urgent care, occupation medicine and family practice.

Jay is a board certified Functional Medicine Practitioner. This journey has lead him to a better understanding of ways to help those with challenging and often frustrating chronic illnesses that have not responded to conventional medications and treatments. His passion is helping patients find root causes of disease and real answers to the medical conditions and questions they bring.

MYMD SELECT
(877) 232-3954

HOW I CAN HELP YOU

- Acute Care
- Preventive Care
- Urgent Care*
- Specialist Care*
- Care Coordination
- Prescriptions
- Chronic Conditions
- Wellness & Lifestyle Management

*Services outside of MyMD Connect will have a separate discounted fee.

GET CONNECTED

1 Complete Intake Form

Hartman.MyMDConnect.com

2 Download Spruce App

After your intake is processed you will be sent a text message by your dedicated DPC doctor inviting you to download the Spruce APP.

MyMDConnect.com | 936-634-9105

MYMD CONNECT

DIRECT PRIMARY CARE



Through the Silver Star Properties REIT health program, MyMD Connect makes it easier than ever to take control of your health and healthcare! Follow the steps below to register, complete your intake Form, and get connected to your dedicated doctor.

1

INTAKE FORM

Complete the medical intake form at the link below. The information provided is key for your MyMD Connect Doctor to provide diagnosis and treatment plan.

Hartman.MyMDConnect.com

2

GET CONNECTED

After your intake is processed you will be sent a text message by your dedicated DPC doctor inviting you to download the Spruce app. This may take 24-48 hours to process.

CONTACT MYMD CONNECT

Phone: (877) 232-3954
or Text on Spruce Mobile App



MOBILE APP DOWNLOAD

Members must download the mobile app from the text message link you receive from MyMD!

STEPS TO DOWNLOAD THE APP & CONNECT WITH YOUR PROVIDER

1. Open the link sent to you via text or email on your mobile phone (example: [spruce.app/___](#))
2. When you click the link a webpage will open
3. Click "Get the App & Connect" on the webpage
4. Select Spruce - Care Messenger app and download from the app store
5. Once download is complete, open the Spruce app on your phone and click "Continue"
6. Select "Create" a new account, and enter your personal mobile number. You will receive a verification code via text.
7. Enter verification code on next screen, select "Next" and enter your information to complete your setup.
8. Once steps are complete you can begin to message with your provider!

IMPORTANT downloading the Spruce app without the unique link will not work!